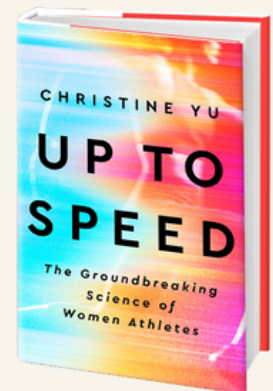




# What if everything you knew about women in sports was wrong?

Join sports and health journalist Christine Yu to examine the myths and gender bias in sport and how we can build a better future for girls and women.



Christine is the author of the new book, *UP TO SPEED: The Groundbreaking Science of Women Athletes*, which makes the case for new approaches to help women athletes excel at every stage of life.



## The M Gym at Berkeley High School

Located at the intersection of Durant Ave & Milvia St.

May 22, 2023  
6:30 PM



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