**PE Waiver Program**

**Spring 2023: January 9 – April 28**

This is an alternative P.E. program is designed to help students obtain the values and habits that lead to lifelong fitness. Students have to complete a minimum of 60 fitness hours (combination of independent workouts, in person fitness classes, and step tracker workouts) and additional program requirements to earn a passing grade to receive 5 credits toward Berkeley High School P.E. requirement. This program is for 10th – 12th grade students.

Students are eligible to register for the Spring 2023 program if they:

1. Completed Fall ’22 PE Waiver Program or:
	1. Attend 1 informational meeting via zoom
	2. Have an active Downtown Berkeley Y teen/young adult membership

A membership is required to register and participate in program.

PE Waiver Program Fee: $25. Last day to register for the program is January 13th, 2023.

**Informational Meetings via Zoom – only 1 meeting is required**

**Dates:** January 4th, 6th, and 9th

**Time:** 4:00pm-5:00pm

**Join Info Meeting**: [Spring 23 Waiver Orientation](https://ymcaeastbay-org.zoom.us/j/86983657711)

(link works for all dates)

* Informational meetings are open to all students regardless of YMCA membership status.
* Students must sign in with BHS student email address for entry to the meeting.
* Parents/Guardians are welcome.
* Join the meeting on time.

**Downtown Berkeley YMCA Membership**

To sign up for a teen/young adult membership, go to [www.ymcaeastbay.org/join](http://www.ymcaeastbay.org/join)

* Cost $34/month Teen (ages 13-17); $40/month Young Adult (ages 18-26)
* Parent/Guardian must sign up the teen member
* Financial Assistance is available

**Last day to register is January 13th. Plan accordingly to attend meeting. No additional informational meetings will be offered. Max Enrollment is 150. Spring program will run January 9th to April 28th. For more information, contact Angelo Petrilli at** **apetrilli@ymcaeastbay.org****.**

**Financial Assistance:** Financial assistance is available to help make Y memberships and programs available to people of all ages, abilities, and backgrounds. Funds are made available by the generous individuals who donate to the Y. The Y will grant financial assistance to the extent that funds are available. To apply, please contact Angelo Petrilli at apetrilli@ymcaeastbay.org