

REGISTER: bit.ly/3p3uyRU

FEBRUARY 22-26, 2021 | 5PM - 6PM

Learn effective strategies to help your family access equitable services from Regional Center, IHSS, the school district, and Cal Fresh - during COVID and beyond. Families and providers in Alameda and Contra Costa Counties are welcome!



GETTING ACCESS IS IMPORTANT

Learn, connect, open doors.

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Virtual sessions are designed for families who have a child with a developmental disability who identify as African American or Black. Topics will help Black families access services for their family, especially during these trying times.



Day 2: Cal Fresh & IHSS COVID Strategies

Day 3: Activity Session for Kids & Mental Wellness for Black Families

Day 4: IEP Strategies for Black families During COVID

Regional Center support for Black **Day 5:** families & Community Provider

Panel

Five convenient evening sessions between February 22-26, 2021:

- 5:00pm-6:00pm (Day 1-4)
- 5:00pm-6:30pm (Day 5)





QUESTIONS?

Contact Kausha King at 510-274-0552, kaushak@familyresourcenavigators.org