

**Fall Team Sports—SAVE THE DATES**

**Team tryouts—Monday, August 19 through Friday, August 23, 2013**

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| **SPORT**Cross Country | **TIME**5-7 PM | **LOCATION**BHS Track | **COACH**Bradley Johnson | **EMAIL**BradleyJohnson2@gmail.com |
| Field Hockey | 4-6 PM\*Football starts 8/12 Varsity 2-6pm | BHS Turf | TBD | athleticdirector@berkeley.net |
| Football | JV 4-6PM Fr 2-4:30PM  | BHS Turf | James Barnes | jamesbarnes@berkeley.net |
| Girls Golf | 4-6 PM | Tilden Golf | Tommy McGill |  tommymcgill@att.net |
| Girls Tennis | 4-6 PM | King Middle School Tennis Courts (Hopkins & Colusa) | Mary Bedford | marybedford@att.net |
| Girls Volleyball | 4-7 PM | Donahue Gym | Lisa Busbee-Young | bhsvolleyballcoach@yahoo.com |
| Boys and Girls Water Polo | 3PM Meeting Tryouts 3:30-5:30PM | BHS Pool | Bill Gaebler | williamgaebler@berkeley.net |
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Times are subject to change. To keep informed, sign up for the BHS e-tree at bhs-owner@lmi.net.

**What do I need to do to try out for a team?**

**● Attend all team tryout days starting August 19 (**Except Football which starts August 12**).**

\*Volleyball tryouts will run until August 30\*

* Bring appropriate gear and water.
* **Complete a Medical Examination form.**

The form (found in the Athletic Packet) must be signed and stamped by a doctor) verifying that you are healthy to tryout and compete in high school sports. Physical forms are good for one year only.

* **Complete an Athletic Packet**
	+ **Packets can be picked up outside the Athletic Director’s office** (J207-behind Jacket Stadium)

**Or**

* + **Download the necessary forms at** [**http://www.berkeleyhighathletics.org/athletic-packet**](http://www.berkeleyhighathletics.org/athletic-packet)
	+ Remember to **include all signatures** for doctor, student athlete, and parent/guardian on emergency forms, medical examination, and concussion forms.

**● Bring athletic packet to first day of tryouts and give to your coach.**

**No Athletic Packet= No Tryout.**